



Roselands Swim Club

Want more from your swim training?

Want to race & compete against swimmers of a similar standard and be rewarded for achieving your personal best?

The Roselands Swim Club runs at the **Roselands Pool** each **Sunday @ 8:00am from October to March**

Races cater for all swimmers at all levels and ability and range from 16 metres to Olympic distances.



The aims of the club are:

- ⊗ to enjoy swimming in a friendly and fun atmosphere
- ⊗ to allow children to experience swim races in a non-threatening environment (Adult swimmers also catered for)
- ⊗ to encourage swimmers to strive to beat their previous swim times
- ⊗ to allow families to mix and meet in a friendly sporting environment

Monthly awards are presented for 'most improved' swimmers, and **ALL SWIMMERS RECEIVE A PRIZE AWARD AT END OF SEASON**

Summer Season Now On

STROKE CORRECTION & RACE TECHNIQUE is available to all swimmers, plus **LIFESAVING TRAINING** during summer.

BBQ BREAKFAST EACH SUNDAY

Inquiries: JAN BERNAYS ph 9759 4979 *or*
ANDREW BENNETT ph 9772 3851

Swimmers are welcome to give it a go before committing to join.